

# PACIFIC NORTHWEST INTERCLUB ASSOC.

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PRESENTS THE

## 2009

# PACIFIC NORTHWEST INTERCLUB SKATING CHAMPIONSHIPS

## JULY 31-AUGUST 02, 2009



TO BE HELD AT  
Bellingham Sportsplex  
1225 Civic Field Way  
Bellingham, WA 98229  
(360) 676-1919

Hosted by the  
Bellingham Figure Skating Club

*Sanctioned by:*



and SKATE CANADA



Entry deadline: June 18, 2009

[www.PacificNWInterclub.com](http://www.PacificNWInterclub.com)

# 2009 PACIFIC NORTHWEST INTERCLUB CHAMPIONSHIPS

## GENERAL INFORMATION

### Facility

The ice surface is indoors, 185 feet by 85 feet, with slightly rounded corners. It is located at Bellingham Sportsplex, 1225 Civic Field Way, Bellingham, WA 98229.

### Entries

Complete and mail with entry fee to **Registrar: Alison Weinkauf**, 740 C Street, Blaine, WA 98230. Enclose a self-addressed, stamped legal sized envelope to receive a copy of the tentative competition schedule. **Entries must filled out completely and be postmarked by June 18, 2009.** Late entries will be accepted at the discretion of the Referee and the local organizing committee and will be subject to a \$20 late entry fee. No entries will be accepted after the draw has been completed.

**Eligibility** for entries is governed by tests passed and age as of deadline for entry, June 18, 2009. Adult competitors must be age 21 or over. All skaters should be prepared to show proof of age. **Any skater may enter one event higher than the event for which he/she qualifies by test.**

**Refunds** will be issued in accordance with Rule 3230 of the US Figure Skating Rulebook and only if the event is not held. In any event with only one entry, the skater will be offered the choice of either competing as an individual competitor in accordance with Rule 1465 without a refund, or canceling the event and receiving a refund. All refunds, if applicable, will be mailed within 30 days after the completion of the competition.

### ISU Judging System (IJS)

All short program and free skating Singles events at the Juvenile through Senior levels will be judged in accordance with the ISU Judging System (Rules 3430 through 3435). All other events, including Open Juvenile Freeskate, will be judged in accordance with the 6.0 Judging System (Rule 3400) and as otherwise specified in this announcement. **All Skaters in the Juvenile Freeskate and Intermediate through Senior Short Program and Freeskate Singles events are required to submit the *PLANNED PROGRAM CONTENT FORM* with their entry form.** A \$25 processing fee will be charged for Juvenile through Senior short program and freeskating singles events missing this form.

### Registration

The official registration desk will be located at Bellingham Sportsplex beginning Friday, July 31<sup>st</sup>. All competitors are required to register as soon as possible after arrival at the rink. Competition CDs should be turned in at this time.

### Official Notices

An official bulletin board will be maintained at the competition site. The official schedule showing starting times for each event and the draw will be posted on the bulletin board. The official schedule supersedes all other schedules. Notices posted on this bulletin board are considered as sufficient notice to all competitors. Skaters are to be in the rink and ready to skate 60 minutes before their event is scheduled to begin. Events will not be delayed for skaters who arrive late. Decisions by the Referee in all matters will be final.

### Music

Music shall be reproduced by CDs only (no CD/RWs or DVD). We will not accept cassette tapes. CD's must contain only one cut of music. Clearly label CD in ink (sharpie pen) with the skater's name, his/her coach's name, the event, and the music run time. Do not place any type of small attachable labels on the CD. CD must be turned in at the time of official registration. All competitors must have an extra copy (CD) available at rinkside during their event. Once the CD is turned in, it will not be returned until the event is completed. Pacific Northwest Interclub or Bellingham Figure Skating Club will not accept responsibility for breakage, damage, or loss, but will take every precaution to safeguard music media.

**Officials**

Competition officials will be selected in accordance with Rule 1220, except that officials for showcase and basic skills events will be selected in accordance with Rule 1240.

**Admission**

No admission will be charged. All events are open to spectators.

**Awards**

Awards will be presented at the photographer’s table immediately after the official posting of each event. Awards will be given for first through fourth place in Non-Test through Senior in final rounds and first through fifth places in Basic Skills events.

**Practice Ice**

Requests for ALL practice ice must be made and paid for in advance. Practice sessions will be held each day of the competition, if possible. Practice ice will be \$15.00 per 30-minute session. **Requests for practice ice** should be mailed **separate from your registration form**. Sign up for **one practice session per event entered**. No music will be played during practice sessions. Extra sessions may become available after the schedule is determined. These openings will be sold on a first-come, first-serve basis. Contact the practice ice monitor during practice sessions to request additional time. **Practice ice schedules will be mailed if a stamped, self-addressed, legal-size envelope is included**. Information will not be available by phone! There will be no refunds for those who do not appear for their reserved practice session.

**Videotaping/Photos**

No video taping from rink side will be permitted. Please be courteous to those viewing the event. **NO FLASH PHOTOGRAPHY IS PERMITTED**. Video, Action and Award photos will also be available for purchase.

**Accommodations –**

**HOTEL/MOTEL**

The hotels listed below are offering discounted rates to competitors and their families, when reserving please use **PNIC Skating Competition** as the code for special rates offered:

Lakeway Inn & Conference Center  
714 Lakeway Drive  
Bellingham, WA 98229  
(360) 392-6547

Quality Inn Baron Suites  
100 East Kellogg Road  
Bellingham, WA 98226  
(360) 647-8000

For further information regarding this announcement, please contact:

<p><b><u>Chair</u></b> John Maier <a href="mailto:icevoice9@msn.com">icevoice9@msn.com</a></p>	<p><b><u>Co-Chair</u></b> Liviana Wagner <a href="mailto:wagnerwwag@aol.com">wagnerwwag@aol.com</a></p>	<p><b><u>Registrar</u></b> Alison Weinkauff 740 C Street Blaine, Wa 98230 <a href="mailto:sarweinkauff@msn.com">sarweinkauff@msn.com</a></p>
<p><b><u>Chief Referee</u></b> Mike Bauer 360-357-7079</p>	<p><b><u>Chief Accountant</u></b> Anita Conrad <a href="mailto:nictogs@hotmail.com">nictogs@hotmail.com</a></p>	<p><b><u>Assistant Accountant</u></b> Karen Larsen <a href="mailto:rclarsen@charter.net">rclarsen@charter.net</a></p>

## **Non-Qualifying Competition**

This competition is open to qualified skaters who are registered members of the U.S. Figure Skating or Skate Canada. This is a non-qualifying competition and will be governed by the current U.S. Figure Skating Rulebook except as modified by this announcement and US Figure Skating Rulebook errata as posted on the US Figure Skating website. In particular, competitors in Juvenile through Senior short program and freeskating events are referred to the Technical Notification website posted on the US Figure Skating website. Competitors will skate under current rules as may be modified by the outcome of the 2009 U.S. Figure Skating Governing Council meeting. All competitors shall be responsible for becoming informed and conforming to such rule changes coming out of the 2009 U.S. Figure Skating Governing Council meeting.

The Referee and LOC reserves the right to combine Ladies and Men's events where permitted by the current U.S. Figure Skating Rulebook. Any singles skater may enter one event level higher than the event for which he/she qualifies based on the skater's current U.S. Figure Skating test level. Skaters must skate U.S. Figure Skating elements for the Short Program as written for the 2009-2010 season in the current U.S. Figure Skating Rulebook. For pairs, test level is governed by the partner with the higher test.

Events with large numbers of entries may be split into multiple, equal-sized groups at the discretion of the Referee and LOC. In such cases, events will be split by age for Non-Test through Open Juvenile and Adults, by draw for Juvenile through Senior. No final rounds will be skated for Non-Test through Open Juvenile and Adults.

In the Intermediate through Senior Singles and Pairs categories, the short and free skate programs will be scored as combined events, meaning that skaters in these events are required to enter both short program and free skate program. Likewise for Juvenile through Novice Dance categories, the compulsory dance and free dance programs will be scored as combined events, meaning the skaters in these events are required to enter both compulsory dance and free dance events.

### **QUALIFYING AND FINAL ROUNDS**

Qualifying and final rounds will be held in accordance with the current U.S. Figure Skating rulebook with the following exceptions:

For Senior, Junior, Novice and Intermediate Singles and Senior, Junior and Novice Pairs Events, the qualifying rounds will consist of the Short program and Free Skate, the combined results of which will determine the qualifiers and the final round will consist of only the Free Skate. For events with no qualifying rounds, the final round will consist of both short program and free skate.

If there is more than one Juvenile Singles or Pair group, or Intermediate Pair group, a final round consisting of the Free Skate will be skated.

For Novice, Intermediate and Juvenile Dance events, the qualifying rounds will consist of the Compulsory Dances and Free Dance. Combined results determine the qualifiers and the final round will consist of only the Free Dance. For event with no qualifying rounds, the final round will consist of both compulsory dance and free dance.

For Pre-Preliminary through Pre-Juvenile, Open Juvenile, and Adult Singles, Pairs and Dance events, the entries will be divided at the discretion of the Referee into groups by age, and each group will constitute a final round.

The group size for the final rounds will be determined by the Referee.

### **AWARDS**

Awards will be presented to the first four placements in each event immediately after the official posting of the final round results. There will be no awards for qualifying rounds.

## **Fees**

The entry fee is \$75 for the one event (Non-Test – Open Juvenile) and \$85.00 for the one event (Juvenile), \$100 for two events (Intermediate – Senior), and \$25 for each additional event entered. The entry fee for Pairs is \$100 per team for FS events Preliminary – Intermediate and \$150 per team for Short/Freeskate events Novice -Senior. The entry fee for Juvenile – Novice Dance is \$150 per team for Compulsory/Free Dance events and for Pre-Juvenile Compulsory Dance is \$100 per team. **All fees are in US dollars. A fee of \$25 will be charged for checks returned for non-sufficient funds (NSF) and must be paid prior to the start of competition in order to compete.**

## **Event Qualifications & Specifications**

**Compulsory Moves:** Age and test requirements are the same as Free Skate. Compulsory moves will be skated without music in a program format. Required moves may be done in any order, without stops between elements. Each additional or repeated element will be penalized by .2. Connecting footwork is allowed but may not include half jumps. Combination jumps may not have a change of foot or turn between the jumps. Skaters will receive one mark overall from each judge for Technical Merit. Events will be skated on a half-sheet of ice. Ladies and men may compete with each other at the discretion of the Referee.

**Jump Event:** Age and test requirements are the same as Free Skate. No music will be played. Jumps may be skated twice and in any order. The best of the two jump attempts for each required jump and combination will be judged. If a skater is satisfied with the 1<sup>st</sup> jump attempt, then the 2<sup>nd</sup> attempt is not required. In situations where the skater is given the choice of the jumps to be performed, the first attempt will determine the jump to be judged; the skater will not be allowed to change jumps on the second attempt. Event will be skated on one half (1/2) of the ice surface for Pre-Preliminary through Pre-Juvenile and full ice surface for Juvenile/Open-Juvenile through Intermediate. The judges will award one mark overall to each skater for technical merit. Ladies and men may compete with each other at the discretion of the Referee.

**Spins Event:** Age and test requirements are the same as Free Skate. No music will be played. Spins must be skated exactly as stated but may be skated in any order. Connecting steps may be used but will not affect the score. Event will be skated on one half (1/2) of the ice surface. The judges will award one mark overall to each skater for technical merit. Ladies and men may compete with each other at the discretion of the Referee.

**Showcase:** Ladies and men will compete against one another in the Showcase event. Showcase events of different levels may be combined at the discretion of the Referee. Each judge will award one mark to each skater for presentation. Only two (2) double jumps are permitted for Intermediate – Senior, but not encouraged. Only single jumps, including axels, will be allowed for Pre-Preliminary – Juvenile/Open Juvenile. A .2 deduction per violation will be taken for programs violating this restriction. Props which are placed on the ice will not be permitted. The music may be vocal and/or instrumental. **Showcase** is intended as an event to develop and enhance the qualities of original choreography, general showmanship, and entertainment value. There will not be separate events for Light Entertainment and Dramatic Showcases.

Time Duration:            Non-Test – Pre-Juvenile = 1:40 maximum;  
                                    Juvenile/Open Juvenile – Novice = 2:10 maximum  
                                    Junior – Senior = 2:40 maximum

**Improvisational Event (Interpretive):** As a demonstration of their choreographic skills, skaters will improvise a program to music they will hear for the first time once in a secluded room before warmup and then again during their warm-up on the ice. No communication with coaches or audience will be allowed once the skaters have heard the music. Skaters will be judged on their interpretation, style, choreography and presentation, not technical difficulty. Each judge will award one mark for each skater in Presentation. Ladies and men will compete against one another in interpretive events. Interpretive events of different levels may be combined at the discretion of the Referee.

Music Duration:            Non-Test – Pre-Juvenile = 1:15  
                                    Juvenile/Open Juvenile – Intermediate = 1:30

## EVENT SPECIFICS

**Non-test (Beginner)**— Open to skaters who have not passed any free skating test. May have passed Free Skate tests (1-6) in Basic Skills and the Pre-Preliminary MIF test but not have passed Pre-Preliminary FS.

**Freeskate: All single jumps. No axel or double jumps allowed.** A 0.2 deduction per violation will be taken for each non-allowed element performed. See Rule 3721 for well-balanced program requirements. Time: 1:00 to 1:30.

**Compulsory Moves:** ½ ice, 1 minute maximum, No Music

1. Salchow
2. Combination Waltz jump/ toe loop (no turn or change of foot in between)
3. Lunge
4. Forward spiral
5. One foot spin

**Jumps Event:** ½ Ice, 1 minute maximum.

1. Waltz Jump
2. Toe Loop
3. Loop Jump

**Spin Event:** ½ Ice, 1 minute maximum.

1. Camel spin
2. Sit spin (min. 3 revolutions)
3. One foot forward upright spin (free foot position optional)

**Showcase Event:** Time 1:40 maximum

**Pre-Preliminary** — Open to skaters who have not passed the Preliminary FS Test.

**Freeskate: All single jumps. Axel allowed, no doubles.** See Rule 3711 for well-balanced program requirements. Time: 1:30.

**Compulsory Moves**— ½ Ice, 1:20 minute maximum, No Music

1. Forward spiral.
2. Waltz Jump – Toe Loop combination.
3. Camel Spin (min. 3 revolutions).
4. Salchow – Toe Loop Combination
5. Loop Jump.
6. Connecting steps.
7. One foot spin -- no change of position. (min. 4 revolutions).

**Jumps Event:** ½ Ice, 1 minute maximum.

1. Single loop
2. Combination of any two single jumps. (no change of foot or turn in between)

**Spin Event:** ½ Ice, 1 minute maximum.

1. One foot forward upright spin (free foot position optional)
2. One foot upright back spin
3. Sit spin (min. 3 revolutions)

**Showcase Event:** Time 1:40 maximum

**Preliminary** — Open to skaters who have passed the Pre-preliminary FS Test, but no higher than the Preliminary FS Test.

**Freeskate:** Axel allowed and up to 2 different doubles which can be repeated in combination with a maximum of 3 combinations.

See Rule 3701 for well-balanced program requirements. Time: 1:30.

**Compulsory Moves:** ½ Ice, 1:20 minute maximum, No music.

1. Salchow.
2. Forward Spiral or Ina Bauer.
3. Camel Spin (minimum 3 revolutions).
4. Straight line step sequence.
5. Sit spin (minimum 3 revolutions).
6. Jump Combination: 2 single jumps (no change of foot or turn in between, axel permitted).

**Jumps Event:** ½ Ice, 1 minute maximum.

1. Salchow.
2. Flip.
3. Combination of any two single jumps

**Spin Event:** ½ Ice, 1 minute maximum.

1. Sit spin (min. 3 revolutions/in position).
2. Camel spin (min. 3 revolutions/in position)
3. Forward Scratch spin.

**Showcase Event:** Time 1:40 maximum

**Pre-Juvenile** — Open to skaters who have passed the Preliminary FS Test, but no higher than the Pre-Juvenile FS Test.

**Freeskate:** Axel allowed and up to 3 different doubles which can be repeated in combination with a max. of 3 combinations. See Rule 3691 for well-balanced program requirements. Time: 2:00.

**Compulsory Moves:** ½ Ice, 1:30 minutes maximum, No music.

1. Lutz jump.
2. Ina Bauer or Spread Eagle.
3. Double Salchow or double toe loop.
4. Footwork including 3 turns and Mohawks.
5. Jump Combination: One double and one single jump (no change of foot or turn in between).
6. Combination Spin with no change of foot and one change of position (min. 4 revolutions/position).
7. Attitude or layback spin for ladies, sit spin for men.

**Jumps Event:** ½ Ice, 1:10 maximum.

1. Axel
2. Double Salchow
3. Jump Combo with single Loop as second jump. First jump skater's choice. No change of foot or turn in between jumps.

**Spins Event:** ½ Ice, 1:20 minute maximum.

1. Camel spin (min. 4 revolutions/spin).
2. Forward scratch to backward scratch (min. 4 revolutions/spin).
3. Combination spin – camel to sit (min. 4 revolutions/spin) (no change of foot).

**Showcase Event:** Time 1:40 maximum

**Juvenile/Open Juvenile** — Open to skaters who have passed the Pre-juvenile FS Test, but no higher than the Juvenile FS Test. Participants in the Free Skate event will be split by age 13 and over - Open Juvenile; 12 year and under - Juvenile.

**Freeskate:** See Rule 3681 for well-balanced program requirements. Time: 2:15

**Compulsory Moves:** ½ ice, Max. 1:30 minutes maximum, No music.

1. Axel.
2. Straight-line step sequence. Incorporating 3 turns, Mohawks and brackets.
3. Spiral sequence including an Ina Bauer or Spread Eagle.
4. Women: Layback spin / Men: Forward camel spin.
5. Jump combination consisting of a double and a single, or 2 double jumps (no change of foot or turn in between).
6. Split or stag jump.
7. Spin combination with one change of foot and one change of position (min. 4 revolutions each foot).

**Jumps Event:** Full Ice, 1:10 maximum

1. Axel.
2. Jump combination with a double and a single jump or two double jumps. No change of foot or turn in between jumps.
3. Double loop

**Spins Event:** ½ Ice, 1:20 minute maximum.

1. A flying spin (min. 4 revolutions/in position).
2. Ladies: layback or attitude spin. Men: camel spin (min. 4 revolutions/in position).
3. Spin with one change of foot, change of position optional (min. 4 revolutions per foot).

**Showcase Event:** Time 2:10 maximum

**Intermediate** — Open to skaters who have passed the Juvenile FS test, but no higher than the Intermediate FS Test.

**Freeskate:** See Rule 3672 for well-balanced program requirements. Time: 2:30.

**Short Program:** Program time: 2:00 max.

**Jumps Event:** Full Ice, 1:10 maximum.

1. Axel.
2. Double Loop or double Flip.
3. One jump combo consisting of either one single and one double jump, or two double jumps.

**Spins Event:** ½ Ice, 1:20 minute maximum.

1. Sit spin to change foot sit spin (min. 4 revolutions each foot).
2. Flying camel (min. 5 revolutions).
3. Spin combo with one change of foot and one change of position (min. 4 revolutions each foot).

**Showcase Event:** Time 2:10 maximum

**Novice** — Open to skaters who have passed the Intermediate FS test, but no higher than the Novice FS Test.

**Freeskate:** See Rule 3663 for well-balanced program requirements. Time: Ladies 3:00, Men 3:30.

**Short program:** Program time: 2:30 maximum.

**Showcase Event:** Time 2:10 maximum

**Junior**— Open to skaters who have passed the Novice FS test, but no higher than the Junior FS test.

**Freeskate:** See Rule 3653 for well-balanced program requirements. Time: Ladies 3:30, Men 4:00

**Short Program:** Skaters must skate U.S. Figure Skating elements for the short program as written for the 2009-2010 season in the current rulebook, and as corrected on the US Figure Skating website. Program time: 2:50 maximum

**Showcase Event:** Time 2:40 maximum

**Senior**— Open to skaters who have passed the Junior FS test, but no higher than Senior FS test.

**Freeskate:** See Rule 3643 for well-balanced program requirements. Time: Ladies 4:00, Men 4:30.

**Short program:** Program time: 2:50 maximum

**Showcase Event:** Time 2:40 maximum

**Adult:** See Rules 3730-3806 for Test Requirements.

**Adults Pre-Bronze**— Open to skaters who have reached the age of 21 and have passed no U.S. Figure Skating test and or no higher than the Adult Pre-Bronze skating test, the standard U.S. Figure Skating Pre-Preliminary free skating test or the ISI Freestyle 3 test.

**Freeskate:** See Rule 3806 for well balanced program requirements. Program time: 1:40 maximum.

**Adult Bronze**— Open to skaters who have reached the age of 21 and have passed no higher than the Adult Bronze Free Skating Test, the standard U.S. Figure Skating Preliminary Free Skating Test or the ISI Freestyle 4 Test.

**Freeskate:** See Rule 3801 for well balanced program requirements. Program time: 1:50 maximum.

**Adult Silver**— Open to skaters who have reached the age of 21 and have passed no higher than the Pre-Juvenile Free Skating Test (after 10/1/94) and cannot have passed higher than Juvenile before 10/1/94.

**Freeskate:** See Rule 3791 for well balanced program requirements. Program time: 2:10 maximum.

### **Pair Events**

### **Rule 4000-4100 for Well Balance Program Requirements**

### **Duration:**

Pre-Juvenile (Age under 14)	Skaters have passed no higher than Pre-Juvenile Pair Test	2:00
Juvenile (Age under 16)	Skaters have passed no higher than Juvenile Pair test	2:30
Intermediate (Age under 18)	Skaters have passed no higher than Intermediate Pair Test	3:00
Novice	Skaters have passed no higher than Novice Pair Test Short Program elements shall be those specified for the 2009-2010 season in the current rulebook, and as corrected on the US Figure Skating website	<b>Free Skate</b> – 3:30 <b>Short Program</b> - 2:50 maximum
Junior	Skaters have passed no higher than Junior Pair Test Short Program elements shall be those specified for the 2009-2010 season in the current rulebook, and as corrected on the US Figure Skating website.	<b>Free Skate</b> – 4:00 <b>Short Program</b> - 2:50 maximum
Senior	Skaters have passed the Junior or Senior Pair Test. Short Program elements shall be those specified for the 2009-2010 season in the current rulebook, and as corrected on the US Figure Skating website.	<b>Free Skate</b> – 4:30 <b>Short Program</b> - 2:50 maximum

**Couples Dance:** Compulsory Dance events may be conducted in flights. A couple will consist of one man and one lady. Compulsory Dance selections are subject to change pending the outcome of the 2009 Governing Council Meeting and the announcement for the 2009 Lake Placid Summer Ice Dance Competition.

<b>Couples Dance Event Level</b>	<b>Test Requirements</b>	<b>Dances to be Skated (2009-2010)</b>	<b>Duration Free/Original Dance</b>
Pre-Juvenile (Age under 14)	2 Preliminary Dances but no higher than Pre-Bronze, plus Pre MIF test. See Rule 4440.	Cha Cha & Fiesta Tango	None
Juvenile(Age under 16)	Preliminary Dance Test, Juvenile Free Dance Test and Juvenile MIF tests . See Rule 4430.	14 Step & Hickory Hoedown	2:15
Intermediate	Bronze Dance Test, the Intermediate Free Dance Test and the Intermediate MIF Tests. See Rule 4420.	Foxtrot & American Waltz	2:30
Novice	1 Silver Dance, the Novice Free Dance and the Novice MIF Tests but not the Junior Free Dance Test. See Rule 4410.	Kilian & Starlight Waltz	3:00

### **Approximate US Figure Skating / ISI / Skate Canada Level Equivalence**

The tables below show approximate equivalences of levels for Competition purposes. The actual test requirements of the matched levels are not identical, but the approximate skill levels should be similar enough to provide fair competition matches. These equivalences are taken from various competition announcements.

Canadian entrants in Juvenile through Senior singles freeskating events are advised that these events will be judged in accordance with the content requirements and restrictions specified in Rules 3681, 3672, 3663, 3653, and 3643 of the current US Figure Skating Rulebook. Canadian entrants in these events are advised to review the element content of their programs against the US Figure Skating content requirements and restrictions, and to adjust their element content as necessary to ensure full credit for elements completed.

#### **Free Skating**

<b>US FIGURE SKATING</b>	<b>ISI</b>	<b>Skate Canada Competitive</b>	<b>Skate Canada Test</b>	<b>Test ISU</b>
Senior	FS 10	Senior Competitive	Gold FS	
Junior	FS 9, 10	Junior Competitive	Senior Silver FS	
Novice	FS 8, 9	Novice Competitive	Junior Silver FS	
Intermediate	FS 7, 8	Pre-Novice Competitive		
Juvenile	FS 6-8	Juvenile Competitive	Senior Bronze FS	
PreJuvenile	FS 5-7		Junior Bronze FS	
Preliminary	FS 4-6		Preliminary FS	
PrePreliminary	FS 3,4			
Adult Gold	FS 5		Junior Bronze FS	FS 6
Adult Silver	FS 4		Preliminary FS	FS 5
Adult Bronze	FS 4		Preliminary FS	FS 4
Adult PreBronze				

**Pairs**

<b>US FIGURE SKATING</b>	<b>ISI</b>	<b>Skate Canada Competitive</b>	<b>Skate Canada Test</b>	<b>ISU</b>
Senior		Senior Competitive Pair		
Junior		Junior Competitive Pair		
Novice		Novice Competitive Pair		
Intermediate		Pre-Novice Competitive Pair		
Juvenile		Juvenile Competitive Pair		

**Dance**

<b>US FIGURE SKATING</b>	<b>ISI</b>	<b>Skate Canada Competitive</b>	<b>Skate Canada Test</b>	<b>ISU</b>
Gold	Dance 9	Senior Competitive Dance	Gold Dance	1st Class
PreGold	Dance 8	Junior Competitive Dance	Senior Silver Dance	2nd Class
Silver	Dance 6	Novice Competitive Dance	Junior Silver	2nd Class
PreSilver		Pre-Novice Competitive Dance	Senior Bronze Dance	
Bronze	Dance 4		Junior Bronze Dance	3rd Class
PreBronze	Dance 3		Preliminary Dance	
Preliminary	Dance 3		Preliminary Dance	

**NON-QUALIFYING ENTRY FORM "PNIC 2009"**  
**PLEASE PRINT CLEARLY, FILL OUT COMPLETELY FRONT AND BACK!**

Name \_\_\_\_\_ U.S. Figure Skating/Skate Canada# \_\_\_\_\_  
 Home Address \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 \*Birth date \_\_\_\_\_ Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_  
 \*Birth date is **required** for age-restricted events  
 E-mail Address: \_\_\_\_\_  
 Home Club \_\_\_\_\_ Coaches Name/Cell # \_\_\_\_\_  
 Partner's Name \_\_\_\_\_ Partner's U.S. Figure Skating # \_\_\_\_\_  
 Highest U.S. Figure Skating or Basic F/S \_\_\_\_\_ MITF \_\_\_\_\_ Pairs \_\_\_\_\_ Dance \_\_\_\_\_  
 Skills test passed: Date \_\_\_\_\_ Date \_\_\_\_\_ Date \_\_\_\_\_ Date \_\_\_\_\_

**Hold Harmless:** The undersigned approved of the entry and agrees to hold harmless the U.S. Figure Skating, Pacific NW Interclub, and/or Bellingham Sportsplex from any and all loss, damage, and injury of whatever kind or nature, that may be sustained by the entrant in any manner while participating in any activity of said competition. Qualified medical personnel may administer first aid.

\_\_\_\_\_  
 Parent/Guardian Signature if under age 18 or Skater's Signature if over age 18

**Medical Release:** Please complete this **ONLY** if the skater is a minor who will NOT be accompanied by a parent or guardian.

I give my permission for \_\_\_\_\_ to receive emergency medical care by qualified medical personnel, should it become necessary. List drug allergies and/or current medical conditions: \_\_\_\_\_

Physician's name \_\_\_\_\_ Date \_\_\_\_\_ Emergency Phone \_\_\_\_\_

**Certification:** I hereby approve the above entrant and certify that he/she is a full member in good standing of my club; to the best of my knowledge is eligible to enter the event(s) specified; is an eligible skater as defined in the U.S. Figure Skating official rules; and is following a standard and complete educational program in full compliance with his/her state requirements.

\_\_\_\_\_  
 Signature of Home Club Official Title of Office Date

\_\_\_\_\_  
 Signature of Coach or Skating Director for Basic Skills (verification of events entered and appropriate level)

*Please send a self-addressed, stamped, legal-sized envelope to receive a copy of the competition and separate one for practice ice schedules. **Information will not be available by phone!***

**Mail to: PNIC Registrar**  
 Alison Weinkauf [sarweinkauf@msn.com](mailto:sarweinkauf@msn.com)  
 740 C Street  
 Blaine, WA 98230

<b>FOR OFFICE USE ONLY</b>			
Amt paid for entry fee \$ _____	Check # _____	Amt paid for practice ice \$ _____	Check # _____
Payee _____	Refund \$ _____	PNIC Check # _____	

**NON-QUALIFYING ENTRY FORM FOR "PNIC 2009"**  
***PLEASE PRINT CLEARLY, FILL OUT COMPLETELY FRONT AND BACK!***

Name \_\_\_\_\_ U.S. Figure Skating/Skate Canada# \_\_\_\_\_

<p><b><u>Singles Freeskate</u></b>          _____ Non-Test          _____ Pre-Preliminary          _____ Preliminary          _____ Pre-Juvenile          _____ Juvenile *          _____ Open Juvenile</p> <p><b><u>Pairs Freeskate</u></b>          _____ Pre-Juvenile          _____ Juvenile          _____ Intermediate</p> <p><b><u>Dance Compulsory/</u></b>  <b><u>Free Dance</u></b>          _____ Juvenile          _____ Intermediate          _____ Novice</p>	<p><b><u>Singles Short/FS Program*</u></b>          _____ Intermediate          _____ Novice          _____ Junior          _____ Senior</p> <p><b><u>Pairs Short/FS</u></b>          _____ Novice Pairs          _____ Junior Pairs          _____ Senior Pairs</p> <p><b><u>Compulsory Dance</u></b>          _____ Pre-Juvenile</p>	<p><b><u>Compulsory Moves</u></b>          _____ Non-Test          _____ Pre-Preliminary          _____ Preliminary          _____ Pre-Juvenile          _____ Juvenile</p> <p><b><u>Spin Competition</u></b>          _____ Non-Test          _____ Pre-Preliminary          _____ Preliminary          _____ Pre-Juvenile          _____ Juvenile          _____ Intermediate</p> <p><b><u>Adult Free Skate</u></b>          _____ Pre-Bronze          _____ Bronze          _____ Silver</p>	<p><b><u>Jumps Competition</u></b>          _____ Non-Test          _____ Pre-Preliminary          _____ Preliminary          _____ Pre-Juvenile          _____ Juvenile          _____ Intermediate</p> <p><b><u>Improvisation</u></b>          _____ Non-Test          _____ Pre-Preliminary          _____ Preliminary          _____ Pre-Juvenile          _____ Juvenile          _____ Intermediate</p>	<p><b><u>Showcase</u></b>          _____ Non-Test          _____ Pre-Preliminary          _____ Preliminary          _____ Pre-Juvenile          _____ Juvenile          _____ Intermediate          _____ Novice          _____ Junior          _____ Senior</p>
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\* See first bullet in checklist below

**ENTRY FEES**

**Non-Qualifying**

- \_\_\_\_\_ \$75 for the first event (Non-Test – Open Juvenile)
- \_\_\_\_\_ \$85 for the first event (Juvenile)
- \_\_\_\_\_ \$100 for Short/FS events (Intermediate – Senior)
- \_\_\_\_\_ \$25 for each additional event
- \_\_\_\_\_ Pairs/Dance - \$100 per Team for FS events (Preliminary – Intermediate Pairs & Pre-Juvenile Dance)
- \_\_\_\_\_ Pairs/Dance - \$150 per Team for Short/FS events (Novice-Senior Pairs, Juvenile-Novice Dance)

**TOTAL AMOUNT DUE (Entry Fee) \$ \_\_\_\_\_**

Checks payable to PNIC  
All fees in US Dollar

**CHECKLIST** – be sure you have done & included the following:

- COMPLETELY filled out entry information & event selection, do not forget US Figure Skating, Skate Canada or Basic Skills membership number and **Planned Program Content Form for Juvenile through Senior Singles SP & FS.**
- Certification by Club Officer & Coach
- Medical Release if not accompanied by parent
- Self-addressed, stamped envelope for the competition & another for practice ice schedule
- ENTRY FEES – submit check for AMOUNT DUE
- PRACTICE ICE FEE - submit SEPARATE CHECK to Practice Ice Coordinator
- Completed Ad form if submitting an ad – enclose SEPARATE CHECK with AD

**DEADLINE: June 18, 2009**

2009 Pacific Northwest Interclub Championships  
**PRACTICE ICE APPLICATION**

Practice ice will be available on July 31-August 2, 2009. All sessions are \$15.00 per person (including Pairs and Dance Teams) for 30 minute session. Please enclose a check or money order for the correct amount due when submitting your request. Make your check payable to the **Bellingham Skating Club**.

Extra sessions may become available after the schedule is determined. These will be sold on a first-come, first serve basis at a cost of \$15 per session. Contact the practice ice chair the week of the competition or during practice session to request additional time. Music will NOT be played on practice sessions.

For confirmation of your practice ice, please enclose a self-addressed, stamped legal size envelope and mail request form and payment to:

*Tere McCarroll*  
2207-21<sup>st</sup> Street  
Anacortes, WA 98221  
(360) 299-8530  
[tsmccarroll@gmail.com](mailto:tsmccarroll@gmail.com)

Sign up for ONE practice session per event entered. Practice ice requests must be postmarked by June 18, 2009. **A SEPARATE PAYMENT IS NEED FOR PRACTICE ICE PAYABLE TO BELLINGHAM SKATING CLUB. DO NOT INCLUDE IN REGISTRATION FEE.** Please print clear and concisely.

Name:	Phone:
Address:	E-mail:
City:	State: <span style="float: right; border-bottom: 1px solid black;">Zip:</span>
Partner:	Club:
Coach's Name:	Coach's Cell #:

Check requested Practice Ice Sessions Below:

<p><b><u>Singles Freeskate</u></b>  <input type="checkbox"/> Non-Test  <input type="checkbox"/> Pre-Preliminary  <input type="checkbox"/> Preliminary  <input type="checkbox"/> Pre-Juvenile  <input type="checkbox"/> Juvenile *  <input type="checkbox"/> Open Juvenile</p> <p><b><u>Pairs Freeskate</u></b>  <input type="checkbox"/> Preliminary  <input type="checkbox"/> Pre-Juvenile  <input type="checkbox"/> Juvenile  <input type="checkbox"/> Intermediate</p> <p><b><u>Dance Compulsory/</u></b>  <b><u>Free Dance</u></b>  <input type="checkbox"/> Juvenile  <input type="checkbox"/> Intermediate  <input type="checkbox"/> Novice</p>	<p><b><u>Singles Short Program</u></b>  <input type="checkbox"/> Intermediate  <input type="checkbox"/> Novice  <input type="checkbox"/> Junior  <input type="checkbox"/> Senior</p> <p><b><u>Singles FS Program</u></b>  <input type="checkbox"/> Intermediate  <input type="checkbox"/> Novice  <input type="checkbox"/> Junior  <input type="checkbox"/> Senior</p> <p><b><u>Pairs Short</u></b>  <input type="checkbox"/> Novice Pairs  <input type="checkbox"/> Junior Pairs  <input type="checkbox"/> Senior Pairs</p> <p><b><u>Pairs FS</u></b>  <input type="checkbox"/> Novice Pairs  <input type="checkbox"/> Junior Pairs  <input type="checkbox"/> Senior Pairs</p> <p><b><u>Compulsory Dance</u></b>  <input type="checkbox"/> Pre-Juvenile</p>	<p><b><u>Compulsory Moves</u></b>  <input type="checkbox"/> Non-Test  <input type="checkbox"/> Pre-Preliminary  <input type="checkbox"/> Preliminary  <input type="checkbox"/> Pre-Juvenile  <input type="checkbox"/> Juvenile</p> <p><b><u>Spin Competition</u></b>  <input type="checkbox"/> Non-Test  <input type="checkbox"/> Pre-Preliminary  <input type="checkbox"/> Preliminary  <input type="checkbox"/> Pre-Juvenile  <input type="checkbox"/> Juvenile  <input type="checkbox"/> Intermediate</p> <p><b><u>Adult Free Skate</u></b>  <input type="checkbox"/> Pre-Bronze  <input type="checkbox"/> Bronze  <input type="checkbox"/> Silver</p>	<p><b><u>Jumps Competition</u></b>  <input type="checkbox"/> Non-Test  <input type="checkbox"/> Pre-Preliminary  <input type="checkbox"/> Preliminary  <input type="checkbox"/> Pre-Juvenile  <input type="checkbox"/> Juvenile  <input type="checkbox"/> Intermediate</p>	<p><b><u>Showcase</u></b>  <input type="checkbox"/> Non-Test  <input type="checkbox"/> Pre-Preliminary  <input type="checkbox"/> Preliminary  <input type="checkbox"/> Pre-Juvenile  <input type="checkbox"/> Juvenile  <input type="checkbox"/> Intermediate  <input type="checkbox"/> Novice  <input type="checkbox"/> Junior  <input type="checkbox"/> Senior</p>
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**PRACTICE ICE (1 SESSION PER EVENT ONLY IS ALLOWED)**

\_\_\_\_\_ # of sessions x \$15.00/session



**Total Practice Ice Due \$ \_\_\_\_\_**

Checks payable to BFSC, All fees in US Dollar

**Practice Ice sessions are Non-Refundable and Non-Transferable!**

**DEADLINE: June 18, 2009**



# Pacific Northwest Interclub 2009

## Basic Skills Competition Eligibility Rules For Participants

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Free skate 1-6 eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Please note: If a skater competes at a non-qualifying competition in a "Beginner or No Test" category, then that skater must compete at the equivalent or higher level in a Basic Skills approved competition.

### Fees

The entry fee is \$45 for the first event and \$15 for each additional event entered. If not currently a member of U.S. Figure Skating or Basic Skills an additional \$7.50 membership fee must be included and membership form submitted with entry. **A charge of \$25 will be assessed for checks returned for non-sufficient funds (NSF) and must be paid in full prior to the start of competition in order to compete.**

Refunds will be issued in accordance with Rule 3230 of the US Figure Skating Rulebook and only if the event is not held. In any event with only one entry, the skater will be offered the choice of either competing as an individual competitor in accordance with Rule 1465 without a refund, or withdrawing for a refund. All refunds, if applicable, will be mailed within 30 days after the completion of the competition.

To withdraw, notify THE REGISTRAR immediately.

Boys and girls may be combined to compete in the same event, at the discretion of the Referee and LOC. Events with large numbers of entries may be split into multiple, equal-sized groups by age (with no more than 3 years age difference total in a group) at the discretion of the Referee and LOC. No final rounds will be skated.

### Awards

Awards will be presented at the photographer's table immediately after the official posting of each event. Awards will be given for first through fifth places in all Basic Skills events.

### U.S. Figure Skating / ISI Basic Skills Conversion Chart

<u>Enter the Basic Skills event</u>	<u>If you are in an ISI program and have passed</u>	<u>Enter the Basic Skills event</u>	<u>If you are in an ISI program and have passed</u>
Snowplow	Tot	Basic 8	Delta - Freestyle 1
Basic 1	Pre- Alpha (age 7 and older) Alpha	Free Skate 1	Delta - Freestyle 2
Basic 2	Advanced Pre- Alpha	Free Skate 2	Freestyle 1-3
Basic 3	Advanced Pre- Alpha (except 2-foot spin)	Free Skate 3	Freestyle 2-3
Basic 4	Alpha / Gamma	Free Skate 4	Freestyle 4
Basic 5	Beta (except 1-foot spin)	Free Skate 5	Freestyle 4-5
Basic 6	Delta (except for spiral)	Free Skate 6	Freestyle 5-6
Basic 7	Gamma (except Scratch spin & ballet jump)		

## Event Qualifications & Specifications

### **BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8**

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 secs.

<p><b><u>Snowplow Sam - Tots:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3-in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 6-8 consecutive in both directions</li> <li>3. One foot spin - min of three revolutions</li> <li>4. Side Toe hop -either direction</li> <li>5. Hockey stop</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside 3-turn – R &amp; L from a standstill</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Two foot turn in place - forward to backward</li> <li>3. Backward two foot swizzles 6 - 8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line across width of ice</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive</li> <li>3. Moving forward to backward two foot turn in either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - optional free foot position</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside edge on a circle clockwise or counter clockwise</li> <li>2. Forward crossovers 6-8 consecutive both directions</li> <li>3. Forward outside 3 turn - R &amp; L from a standstill</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>	

## **FREE SKATE EVENT: FREE SKATE 1-6**

- **The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.**
- Vocal music is allowed.
- **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels**
- A .2 deduction will be taken for each element performed from a higher level
- **Time 1:30 +/- 10 secs.**

<b>Freeskate 1</b> 1. Advanced Forward stroking, 4-6 strokes 2. Forward outside and inside consecutive edges, 2-4 3. Scratch spin from back crossovers 4. Waltz jump from back crossovers 5. Half flip jump	<b>Freeskate 4</b> 1. Spiral sequence: FI spiral, FI Mohawk, BO spiral R or L 2. Forward power 3's, 2-3 consecutive R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump
<b>Freeskate 2</b> 1. Forward outside spiral R or L 2. Waltz three's R or L 3. Beginning back spin 4. Waltz jump, side toe hop, waltz jump 5. Toe loop	<b>Freeskate 5</b> 1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover Backward inside spiral, R or L 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop combination jump 5. Flip jump
<b>Freeskate 3</b> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4-6 3. Back spin 4. Salchow 5. Waltz jump/Toe loop or Salchow/toe loop	<b>Freeskate 6</b> 1. 5 step Mohawk sequence, 1 set alternating patterns 2. Camel/sit spin combination, min of 4 revolutions total 3. Split or stag jump 4. Waltz jump/1/2 loop /Salchow combination 5. Lutz jump

### **BASIC SKILLS SHOWCASE EVENTS**

Skaters must skate in the same level as Free Skate event.

Use elements from the Basic Skills Artistry in Motion curriculum. (Duration: 1:40 maximum)

Theme will be of skater's choice. Skaters will be divided into age and into eight levels:

Snowplow Sam	Free Skate 1-2
Basic 1 & 2	Free Skate 3-4
Basic 3 & 4	Free Skate 5-6
Basic 5 & 6	
Basic 7 & 8	

- **Music may have vocals.**
- Judging to emphasize interpretation of music rather than technical skills
- Costumes that complement music
- Each judge will award one mark for presentation for each skater.

**Hand held props or stationary props may be used if skater can get them on and off ice without assistance within 1 minute time duration.**

BASIC SKILLS ENTRY FORM "PNIC 2009"

**PLEASE PRINT CLEARLY, FILL OUT COMPLETELY FRONT AND BACK!**

Name \_\_\_\_\_ U.S. Figure Skating/Skate Canada# \_\_\_\_\_

Home Address \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\*Birth date \_\_\_\_\_ Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

*\*Birth date is required for age-restricted events*

E-mail Address: \_\_\_\_\_

Home Club \_\_\_\_\_ Coaches Name/Cell # \_\_\_\_\_

Highest U.S. Figure Skating or Basic F/S \_\_\_\_\_ MITF \_\_\_\_\_ Pairs \_\_\_\_\_ Dance \_\_\_\_\_

Skills test passed: Date \_\_\_\_\_ Date \_\_\_\_\_ Date \_\_\_\_\_ Date \_\_\_\_\_

**Hold Harmless:** The undersigned approved of the entry and agrees to hold harmless the U.S. Figure Skating, Pacific NW Interclub, and/or Bellingham Sportsplex from any and all loss, damage, and injury of whatever kind or nature, that may be sustained by the entrant in any manner while participating in any activity of said competition. Qualified medical personnel may administer first aid.

Parent/Guardian Signature if under age 18 or Skater's Signature if over age 18 \_\_\_\_\_

**Medical Release:** Please complete this ONLY if the skater is a minor who will NOT be accompanied by a parent or guardian.

I give my permission for \_\_\_\_\_ to receive emergency medical care by qualified medical personnel, should it become necessary. List drug allergies and/or current medical conditions: \_\_\_\_\_

Physician's name \_\_\_\_\_ Date \_\_\_\_\_ Emergency Phone \_\_\_\_\_

**Certification:** I hereby approve the above entrant and certify that he/she is a full member in good standing of my club; to the best of my knowledge is eligible to enter the event(s) specified; is an eligible skater as defined in the U.S. Figure Skating official rules; and is following a standard and complete educational program in full compliance with his/her state requirements.

Signature of Home Club Official \_\_\_\_\_ Title of Office \_\_\_\_\_ Date \_\_\_\_\_

Signature of Coach or Skating Director for Basic Skills (verification of events entered and appropriate level) \_\_\_\_\_

*Please send a self-addressed, stamped, legal-sized envelope to receive a copy of the competition and separate one for practice ice schedules. Information will not be available by phone!*

**Mail to: PNIC Registrar**  
Alison Weinkauf [sarweinkauf@msn.com](mailto:sarweinkauf@msn.com)  
740 C Street  
Blaine, WA 98230

**FOR OFFICE USE ONLY**

Amt paid for entry fee \$ \_\_\_\_\_ Check # \_\_\_\_\_ Amt paid for practice ice \$ \_\_\_\_\_ Check # \_\_\_\_\_  
Payee \_\_\_\_\_ Refund \$ \_\_\_\_\_ PNIC Check # \_\_\_\_\_

# **BASIC SKILLS ENTRY FORM FOR "PNIC 2009"**

**PLEASE PRINT CLEARLY, FILL OUT COMPLETELY FRONT AND BACK!**

Name \_\_\_\_\_ U.S. Figure Skating/Skate Canada# \_\_\_\_\_

### **Basic Skills Free Skate**

- \_\_\_\_\_ Snowplow Sam
- \_\_\_\_\_ Basic 1
- \_\_\_\_\_ Basic 2
- \_\_\_\_\_ Basic 3
- \_\_\_\_\_ Basic 4
- \_\_\_\_\_ Basic 5
- \_\_\_\_\_ Basic 6
- \_\_\_\_\_ Basic 7
- \_\_\_\_\_ Basic 8
- \_\_\_\_\_ Free Skate 1
- \_\_\_\_\_ Free Skate 2
- \_\_\_\_\_ Free Skate 3
- \_\_\_\_\_ Free Skate 4
- \_\_\_\_\_ Free Skate 5
- \_\_\_\_\_ Free Skate 6

### **Showcase**

- \_\_\_\_\_ Snowplow Sam
- \_\_\_\_\_ Basic 1-2
- \_\_\_\_\_ Basic 3-4
- \_\_\_\_\_ Basic 5-6
- \_\_\_\_\_ Basic 7-8
- \_\_\_\_\_ Free Skate 1-2
- \_\_\_\_\_ Free Skate 3-4
- \_\_\_\_\_ Free Skate 5-6

## **ENTRY FEES**

### **Basic Skills**

\_\_\_\_\_ \$45 for the first event

\_\_\_\_\_ \$15 for each additional event

\_\_\_\_\_ \$ 7.50 Basic Skills Membership fee (if not a current member, include completed membership form)



**TOTAL AMOUNT DUE (Entry Fee) \$ \_\_\_\_\_**

Checks payable to PNIC  
All fees in US Dollar

### **CHECKLIST** – *be sure you have done & included the following:*

- COMPLETELY filled out entry information & event selection, do not forget US Figure Skating, Skate Canada or Basic Skills membership number. If not currently a member of U.S. Figure Skating or Basic Skills an additional \$7.50 membership fee must be included and membership form submitted with entry.
- Certification by Club Officer & Coach
- Medical Release if not accompanied by parent
- Self-addressed, stamped envelope for the competition & another for practice ice schedule
- ENTRY FEES – submit check for AMOUNT DUE
- PRACTICE ICE FEE - submit SEPARATE CHECK to Practice Ice Coordinator
- Completed Ad form if submitting an ad – enclose SEPARATE CHECK with AD

**DEADLINE: June 18, 2009**

2009 Pacific Northwest Interclub Championships  
**PRACTICE ICE APPLICATION**

Practice ice will be available on July 31-August 2, 2009. All sessions are \$15.00 per person for 30 minute session. Please enclose a check or money order for the correct amount due when submitting your request. Make your check payable to the **Bellingham Figure Skating Club**.

Extra sessions may become available after the schedule is determined. These will be sold on a first-come, first serve basis at a cost of \$15 per session. Contact the practice ice chair the week of the competition or during practice session to request additional time. Music will NOT be played on practice sessions.

For confirmation of your practice ice, please enclose a self-addressed, stamped legal size envelope and mail request form and payment to:

***Tere McCarroll***  
 2207-21<sup>st</sup> Street  
 Anacortes, WA 98221  
 (360) 299-8530  
[tsmccarroll@gmail.com](mailto:tsmccarroll@gmail.com)

Sign up for ONE practice session per event entered. Practice ice requests must be postmarked by June 18, 2009. **A SEPARATE PAYMENT IS NEED FOR PRACTICE ICE PAYABLE TO BELLINGHAM FIGURE SKATING CLUB, DO NOT INCLUDE IN REGISTRATION FEE.** Please print clear and concisely.

Name:	Phone:
Address:	E-mail:
City:	State: <span style="float: right; border-bottom: 1px solid black;">Zip:</span>
Coach's Name:	Club:

Check requested Practice Ice Sessions Below:

<b>Basic Skills Free Skate</b>	<b>Showcase</b>
<input type="checkbox"/> Snowplow Sam	<input type="checkbox"/> Snowplow Sam
<input type="checkbox"/> Basic 1	<input type="checkbox"/> Basic 1-2
<input type="checkbox"/> Basic 2	<input type="checkbox"/> Basic 3-4
<input type="checkbox"/> Basic 3	<input type="checkbox"/> Basic 5-6
<input type="checkbox"/> Basic 4	<input type="checkbox"/> Basic 7-8
<input type="checkbox"/> Basic 5	<input type="checkbox"/> Free Skate 1-2
<input type="checkbox"/> Basic 6	<input type="checkbox"/> Free Skate 3-4
<input type="checkbox"/> Basic 7	<input type="checkbox"/> Free Skate 5-6
<input type="checkbox"/> Basic 8	
<input type="checkbox"/> Free Skate 1	
<input type="checkbox"/> Free Skate 2	
<input type="checkbox"/> Free Skate 3	
<input type="checkbox"/> Free Skate 4	
<input type="checkbox"/> Free Skate 5	
<input type="checkbox"/> Free Skate 6	

**PRACTICE ICE (1 SESSION PER EVENT ONLY IS ALLOWED)**

\_\_\_\_\_ # of sessions x \$15.00/session



**Total Practice Ice Due \$** \_\_\_\_\_  
 Checks payable to BFSC, All fees in US Dollar

**Practice Ice sessions are Non-Refundable and Non-Transferable!**  
**DEADLINE: June 18, 2009**

## Advertisement/Sponsorship Opportunity

The Pacific NW Interclub invites you to help sponsor our 2009 figure skating competition. The competition is sanctioned by the US Figure Skating. PNIC draws skaters from the Pacific Northwest, Alaska and Canada. The competition will be held at Comcast Community Ice Rink at Everett Events Center, August 01-03, 2009. You may help sponsor this competition by placing an advertisement in our souvenir program. The program advertising rates are as follows:

<u>Type</u>	<u>Size</u>	<u>Price</u>
Full Page (Outside Back Cover)	8.5"W x 11"H	\$200.00
Full Page (Inside Cover)	8.5"W x 11"H	\$150.00
Full Page (Inside Program)	8.5"W x 11"H	\$100.00
Half Page	4.25"W x 5.5"H	\$60.00
Business Card	Standard Card	\$45.00
Good Luck Ad	4"W x 2.25"H	\$10.00

*(See attached page of ideas!)*

All ads must be camera ready. Local businesses may include coupons in their advertisements. **To reserve covers, submit request early:** We only have 3 available. **AD DEADLINE IS June 18, 2009.** Please send your order and check payable to BFSC to: Cat Wallace, 615 Ridgeway Drive, Bellingham, WA 98225, 360-920-6242, [catpaulwallace@comcast.net](mailto:catpaulwallace@comcast.net).

\*\*\*\*\*

### Order Form

**I would like to place a Good Luck ad.**

Good Luck Ad Space

Size \_\_\_\_\_

Name \_\_\_\_\_

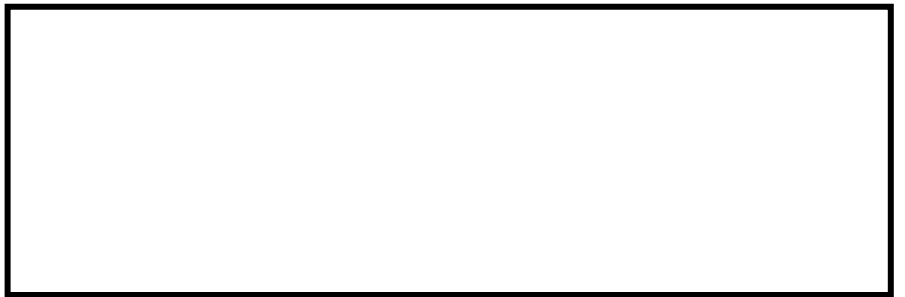
Address \_\_\_\_\_

City\_ \_\_\_\_\_

State/Zip \_\_\_\_\_

Phone: \_\_\_\_\_

Amount enclosed: \_\_\_\_\_



We will ad special fonts and graphics to spruce up your Good Luck ad. Don't forget to include your ad with this order form and send with your check.

Thanks for supporting skating! **DEADLINE June 18, 2009**

**GOOD LUCK ADS FOR SOUVENIR PROGRAM**

Parents, relatives, and friends are invited to purchase an ad for the souvenir program to show their support for their favorite skater(s). Below is the artwork to choose from. Please write the number of the ad you wish to use, the "To" and "From" names, and we will do the rest. The sizes are as is below and prices are all \$10 per ad. **AD DEADLINE IS June 18, 2009.**

Please make check **PAYABLE** to: BFSC  
c/o Cat Wallace  
615 Ridgeway Drive  
Bellingham, WA 98225

Ad # \_\_\_\_\_ To: \_\_\_\_\_  
From: \_\_\_\_\_

Ad #1


**Name**



We are so **PROUD** of you!  
From: name

Ad #2

To: **Name**



**SMILE!**

From: name

Ad #3



**Reach for the Stars!**

To: Name  
From: name

Ad #4



**SK8 GR8**  
**Name**

From: name


Ad #5

**Good Luck Team Name**




From: name

Ad #6



You're an  
**Name!**



From: name