

<u>Rhythm</u> Dance	LIFTS	STEP SEQUENCES	TWIZZLES	PATTERN DANCE REQUIREMENT	ADDITIONAL INFORMATION
<p>JUNIOR</p> <p>2:50 +/- 10 sec</p>	<p>One (1) Short Lift</p> <p>Short Lifts are max 7 secs</p>	<p><u>One (1) Step Sequence in Hold or Not Touching or Combination of both (Style B) chosen from the following types of pattern: Midline, Diagonal, Circular</u></p> <p><u>Specifications to Style B Rhythm Dance for 2018-19 season:</u></p> <p><u>One stop permitted up to 5 seconds.</u></p> <p><u>One retrogression up to two measures is permitted and may start from the permitted Stop.</u></p> <p><u>Loops NOT permitted.</u></p> <p><u>The hold requirement is not considered for level.</u></p> <p>Dance spins and pirouettes are stops.</p>	<p>One (1) Combination Set of Sequential Twizzles</p> <p>At least two twizzles for each partner with up to one step maximum between twizzles.</p> <p>May be skated anywhere in the program except in the required Step Sequence.</p>	<p><u>Two (2) Sections of Argentine Tango,</u> skated one after the other, <u>Section 1 (steps # 1-18),</u> <u>Section 2 (steps#19-31).</u></p> <p><u>Option 1: Section 1 followed by Section 2 with Step #1 skated on the Judges' left side.</u></p> <p><u>Option 2: Section 2 followed by Section 1 with Step #19 skated on the judges' right side.</u></p> <p><u>See ISU Communication #2148 for key points.</u></p> <p>Timing:</p> <p>The PDEs must be skated in strict time to the music. <u>The first step of the dance begins on beat one of a musical phrase.</u></p> <p>The PDE must be skated to the Tango rhythm in the style of the chosen rhythm, with the range of tempo: <u>24</u> measures of <u>4</u> beats per minute or <u>94-98</u> beats per minute.</p> <p>The tempo of the music throughout the Pattern Dance Element must be constant.</p>	<p>Music: <u>Tango or Tango plus one additional rhythm.</u></p> <p>Pattern: Must cross Long Axis of the ice surface once at each end of the rink within no more than <u>30</u> meters (<u>Short Axis</u>) of the barrier.</p> <p>May cross Long Axis once at the entry <u>and/</u> or exit to the Step Sequence and/or once at the entry to Pattern Dance Element.</p> <p>Stops: After the clock is started, the couple must not remain in one place for more than 10 seconds at the beginning or and/or end of the program.</p> <p>During the program: 2 full stops of up to 5 seconds or 1 full stop of up to 10 seconds permitted.</p> <p>A Dance Spin or Choreographic spinning movement that does not travel will be considered as a stop.</p> <p>Separations: Partners must not separate except to change hold or to perform required elements requiring a separation.</p> <p>Distance allowed is maximum 2 arms lengths during such separations.</p> <p>Change of hold and turns as transitional elements must not exceed the duration of one measure of music.</p> <p>Separations at the beginning and/or end of the program may be up to 10 seconds in duration without restrictions on the distance of the separation.</p> <p>Touching Ice with Hands Touching the ice with hand(s) is not permitted.</p>

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<p>SENIOR</p> <p>2:50 +/- 10 sec</p>	<p>One (1) Short Lift</p> <p>Short Lifts are max 7 secs</p>	<p><u>One (1) Step Sequence in Hold or Not Touching or Combination of both (Style B) chosen from the following types of pattern: Midline, Diagonal, Circular</u></p> <p><u>Specifications to Style B Rhythm Dance for 2018-19 season:</u></p> <p><u>One stop permitted up to 5 seconds.</u></p> <p><u>One retrogression up to two measures is permitted and may start from the permitted Stop.</u></p> <p><u>Loops NOT permitted.</u></p> <p><u>The hold requirement is not considered for level.</u></p> <p>Dance spins and pirouettes are stops.</p>	<p>One (1) <u>Combination Set of Sequential Twizzles</u></p> <p>At least two twizzles for each partner with up to one step maximum between twizzles.</p> <p>May be skated anywhere in the program except in the required Step Sequence.</p>	<p><u>Two (2) Sections of Tango Romantica, skated one after the other, Section 1 (steps # 1-27), Section 2 (steps#28-49).</u></p> <p><u>Section 1 followed by Section 2 with Step #1 skated on the Judges' left side.</u></p> <p><u>See ISU Communication #2148 for key points.</u></p> <p>Timing:</p> <p>The PDE must be skated in strict time to the music. <u>The first step of the dance begins on the fourth beat of the measure and the Helicopter starts on beat one of a musical phrase.</u></p> <p>The PDE must be skated to the Tango rhythm in the style of the chosen rhythm, with the range of tempo: <u>28 measures of 4 beats per minute or 110-114 beats per minute.</u></p> <p>The tempo of the music throughout the Pattern Dance Element must be constant.</p>	<p>Music:</p> <p><u>Tango or Tango plus one additional rhythm.</u></p> <p>Pattern:</p> <p>Must cross Long Axis of the ice surface once at each end of the rink within no more than <u>30 meters (Short Axis)</u> of the barrier.</p> <p>May cross Long Axis once at the entry <u>and/</u> or exit to the Step Sequence and/or once at the entry to Pattern Dance Element.</p> <p>Stops:</p> <p>After the clock is started, the couple must not remain in one place for more than 10 seconds at the beginning or and/or end of the program.</p> <p>During the program: 2 full stops of up to 5 seconds or 1 full stop of up to 10 seconds permitted.</p> <p>A Dance Spin or Choreographic spinning movement that does not travel will be considered as a stop.</p> <p>Separations:</p> <p>Partners must not separate except to change hold or to perform required elements requiring a separation.</p> <p>Distance allowed is maximum 2 arms lengths during such separations.</p> <p>Change of hold and turns as transitional elements must not exceed the duration of one measure of music.</p> <p>Separations at the beginning and/or end of the program may be up to 10 seconds in duration without restrictions on the distance of the separation.</p> <p>Touching Ice with Hands</p> <p>Touching the ice with hand(s) is not permitted.</p>